

# Afternoon Tea

Executive Chef Rick Choy and Restaurant Chef Michael Minshull have a new take on Afternoon Tea with a selection of innovative sandwiches and a creative twist on the traditional scone. In addition, we have selected a variety of fine loose leaf teas for you to enjoy in our special glass Bodum teapots that have approval from the English Tea Council.

## Did You Know?

There are four main types of tea: Black, Green, Oolong, and White. Black tea is withered, fully oxidized and dried. Green tea skips the oxidizing step. It is simply withered and then dried. Oolong tea, popular in China, is a cross between black and green tea in colour and taste and is withered, partially oxidized, and dried. White tea is a very rare tea from China. White tea is not oxidized or rolled, but withered and dried by steaming.

## Daily Quiche

### Free Run Organic Egg Salad

### Vine Ripened Tomato & David Wood's Goat Cheese Tart

### Green Tea Cured Wild Salmon Lox, Herb Ricotta on Black Pepper Brioche

### Cowichan Bay Farms Duck Confit & Fraser Valley Mushroom Vol-au-Vent

### Poached Wild Spot Prawn Brochette Horseradish Sauce

### Smoked Albacore & Long English Cucumber Pinwheel Cucumber & Celery Leaves

### Traditional Bannock

### House Made Miniature Scones

### Whipped Clotted Cream, Lemon Curd, Apple Berry Farm Jams

### Vanilla Madeleines, Almond Biscotti & Brioche Cinnamon Buns

### Chocolate Pot De Crème, Lime & Grapefruit Bars

### Thomas Haas Truffles & Gelées

**\$ 36**

2:00 pm to 4:30 pm

Seven Days A Week

# Loose Leaf Tea

## **Earl Grey Black**

This Earl Grey tea uses the rind of the spicy Bergamot orange.

**3 brews**

## **Earl Grey White Organic**

White tea with rose, jasmine, vanilla and cold-pressed Bergamot oil.

**2 brews**

## **Organic Deep Green Embrace**

Green peppermint, red raspberry leaf, wild rose petals, lemon grass, cardamom, clove and black pepper.

**2 brews**

## **Genmai Cha**

Japan's famous popcorn tea. Nutty flavours of toasted rice & barley combine with refreshing green tea.

**3 brews**

## **Sencha Fukujyu Cha**

Estimate green tea. One of Japan's most popular natural leaf teas, known for its sweet and grassy taste.

**3 brews**

## **Organic Kashmiri Chai Darjeeling**

With whole leaf green tea, organic Ceylon spices and Kashmiri saffron. (saffron not certified organic)

**3 brews**

## **Osmanthus Flower Oolong**

Top-grade oolong tea from Formosa. Scented with Osmanthus flowers.

**4 brews**

## **Jasmine Pearl**

Fragrant leaves are rolled into a tight pearl, sealing in the scent of Jasmine.

**3 brews**

## **Pu-Erh**

These teas are named after the town of Pu-Erh in the province where the style originated. Produced from large-leaf Yunnan teas, Pu-Erh teas have a strong, earthy flavour and aroma due to a double fermentation.

**4 brews**

## **Mountain Berry**

A tisane made of Saskatoon berries, currants, raisins and blueberries.

**2 brews**

## **Organic Darjeeling**

Plucked at the higher elevations of the garden on the morning of the Full Moon.

**4 brews**

Depending on the variety, each serving is good for 2 to 4 brews.

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